2018 LOWNDES VIKING YOUTH SUMMER BASEBALL CAMP

June 4th – June 7th

Dear Future Lowndes Viking,

We are excited to invite you to our 2018 Viking Summer Baseball Camp. We've designed our camp to help each individual player improve their skills as well as provide a fun and exciting atmosphere that comes with Viking Baseball!!

Our coaching staff as well as our players is dedicated to teaching each player the fundamentals needed to be successful and provide a positive learning environment.

We look forward to seeing you at Noel George Field, Home to the Lowndes Vikings.

Sincerely,

Rusty Beale, Head Baseball Coach Lowndes High School

Camp Information

Facilities:

All camp activities will be held at Lowndes High School's Baseball Field.

What to Bring:

- Baseball Bat/Glove
- Catching Equipment
- Baseball spikes and/or Tennis shoes
- Water will be provided

Daily Schedule

8:30-9:00	Registration Begins
9:00	Coach's Welcome/Introduction
9:10	Dynamic Stretch/Run
9:20	Break
9:25	Defensive Stations
10:05	Break
10:10	Offensive Stations
11:05	Break
11:15	Game
12:00	Conclusion

Dates: June 4th – June 7th

Ages: 6 thru 13
(upcoming 9th Graders)

Cost: $75.00
(includes Camp T-Shirt)

For more information:
rustybeale@lowndes.k12.ga.us
halharwell@bellsouth.net
www.Lowndesbaseball.net

Lowndes Baseball Camp Application

Registration will be held on the first day of camp

Name:_____
Last First Preferred Name

Home Address _____

Name of Parent/Guardians: _____ Name of Current School: _____

Age: _____ Birth Date:_____ Grade in School:_____ T-Shirt Size _____

*Emergency Contact:_____ Phone #_____